



CELEBRATE MILESTONES WITH FAMILY REWARDS

Reaching goals deserves celebration!

- Set milestones like “a clean house for a week” or “everyone finishes chores on time.”
- Reward the family with pizza night, ice cream outings, or game nights.
- Surprise bonuses keep kids motivated for extra effort!



FRAME CHORES AS “MISSIONS” TIED TO FAMILY GOALS

Transform tasks into exciting missions!

- Give chores adventurous names: “Operation Clean Sweep” or “Mission Ready for Guests.”
- Connect chores to big family goals, like saving for a trip.

Example:

“Mission Family Road Trip: Let’s clean the car and pack together!”

Try these tips today and turn cleaning into a family adventure!

Contact Info:

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5 Tips to Get Kids Excited About Chores



Kids love big challenges

**Transform chores from “ugh”
to “yay!” with these simple
and creative strategies.**



1

GAMIFY TASKS WITH SMALL REWARDS

Turn chores into a game with points and rewards!

- Assign point values to chores based on difficulty (e.g., taking out the trash = 5 points).
- Let kids trade points for fun rewards like screen time, desserts, or “skip-a-chore” passes.
- Add excitement by using a timer: See how much can be cleaned in just 10 minutes!

Example:

“Race Against the Clock: Let’s see who can clean their area before the timer beeps!”

LET KIDS DESIGN THEIR OWN CHORE CHART

When kids decorate their chore chart, they’ll feel proud of their contributions.

- Personalize it with stickers, drawings, and colors.
- Use pictures for younger kids to represent tasks (e.g., a broom for sweeping).
- Use dry-erase boards for easy updates.

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2



3

ROTATE LEADERSHIP ROLES AND USE “CLEAN-10” CHALLENGES

Kids love taking charge! Assign roles like “Kitchen Captain” or “Trash Titan” and rotate weekly.

Quick cleanup idea: The Clean-10 Challenge

- Everyone picks up 10 items and puts them away.
- Add a timer and race to see who finishes first.

Example:

“Alright team, it’s Clean-10 time! Grab 10 things and GO!”